

Inner glow

SPA & BEAUTY SALON

RELAX YOUR MIND, BODY AND SOUL

(Our treatment is drawn on the ancient health and beauty traditions of Asia. Every spa experience has been designed to optimize health and sensory wellness with an emphasis on cleansing through the use of fruit extracts and other naturally sourced ingredients)

BODY MASSAGE

• **BALINESE MASSAGE** **Rp.250.000**

60mins
A traditional massage with Balinese technique using palm, thumb slide, rolling step to relieve tension, ease stress and calm the mind.

• **HERBAL MASSAGE** **Rp.300.000**

60mins
The warm herbal poultice is used in this massage for relax tension muscle and improving blood circulation.

• **LOMI-LOMI MASSAGE** **Rp.250.000**

60mins
A gentle to medium pressure combined Balinese and Hawaiian lommi - lommi step to revitalize your body.

• **FOUR HAND MASSAGE** **Rp.450.000**

60mins
Two therapists will combine Balinese and Swedish technique for a strong & invigorating massage.

• **AROMATHERAPY MASSAGE** **Rp.300.000**

60mins
A gentle massage technique using aroma therapy oils to bring balance the body, mind and soul.

• **WARM BAMBOO MASSAGE** **Rp.500.000**

90mins
Warm bamboo treatment combine with Balinese, lommi-lommi & herbal massage techniques. This deeply relaxing massage treatment will promote well being, relieve stress, tension, stimulate blood circulation & provide an unbelievable relaxing massage experience

• **WARM STONE MASSAGE** **Rp.250.000**

60mins
This relaxing massage uses warm stone to eliminate toxins, relieve stress crase tension and warm the body.

• **SPORT/BACK NECK SHOULDER MASSAGE** **Rp.250.000**

60mins
The combinations of Balinese, Swedish, shiatsu massage technique offers you strong pressure witch relax your muscles and enhance blood circulation.

• **REFLEXOLOGY/FOOT MASSAGE** **Rp.250.000**

60mins
The treatment relies upon the principle point that the organ bodies are connected to reflex points on the feet. this treatment will leave you refreshed and with the sensation of well being.

• **AYURVEDA MASSAGE** **Rp.300.000**

60mins
Ayurveda is one of traditional treatment from India that helped ease tiredness, improve blood circulation, and relieve strength tension of your muscle. Feel the experience of the floating warm oil to your body rebirth your self with the sensation.

BODY TREATMENT

• **HONEY YOGURT TREATMENT** **Rp.400.000**

90mins
a relax massage with honey to soften your skin followed by a wrapping with natural yogurt to revitalize your body.

• **SUNBURN TREATMENT** **Rp.300.000**

60mins
Heavenly summer breeze in INNER GLOW spa. Keep your skin glowing even after sun. Sunburn treatment is our exclusive signature treatment for cooling down your body, mind and soul.

• **BODY SCRUB/WRAP** **Rp.350.000**

60mins
We used natural aromatherapy product to smooth and refresh your skin offering you a lusciously aromatic experience in a relax technique.

PACKAGE

BODY TREATMENT

• **HONEYMOON TREATMENT** **Rp.2.550.000**

120mins
How's your honeymoon? Make it complete with our special over packaged for both of you with
-Foot ritual
-Body scrub
-Bath infusion
-Balinese relaxing massage

• **INNERGLOWS DREAM TREATMENT** **Rp.3.050.000**

150mins
A special treatment to make complete your holiday with holistic well being will start with
-Foot ritual
-Express facial
-Balinese or sport massage
-Body scrub or wrap
-Bath milk
-Lotion application

• **YOU and ME TREATMENT** **Rp.1.550.000**

120mins
Relaxing massage with honey to soften your skin continue with wrapping natural yogurt to revitalize your body following bath milk with crystal bath to refresh your mind and romantic experience.

BEAUTY TREATMENT

• **EAR CANDLE** **Rp.150.000**

30mins
• **FACIAL** **Rp.350.000**

60mins
A special treatment using a natural cleanser, toner and moisturizer. This treatment will rejuvenate and soften your skin leaving you feel relax and refreshed.

• **SPA PEDICURE/MEDICURE** **Rp.300.000**

60mins
The treatment includes an aroma therapy, scrub, traditional nail care, and cuticle stimulating a relaxing massage, as well a professional nail polish (you can add with art).

• **HAIR CREAMBATH** **Rp.350.000**

60mins
This treatment involves the use of conditioning cream, moisturizer and warm steam. You will receive a neck and shoulder massage following with Indian head massage to relax your mind.